

Alex Gerrard

Our girl is feeling for Goldenballs this week!

I've been enjoying my evenings in on these cold winter nights - I'm living like a hermit at the moment! I did venture out to watch Liverpool take on Tottenham, though. Steven was injured so we took out in the hot together. He gets so frustrated when he's not playing that he doesn't speak to anyone - he is so fixed on what's going on down on the pitch. Every time I spoke to him, he didn't say a word!

I loved reading about Gary Barlow's wedding anniversary in OK! last week. I love Gary and his son Daniel are like Steven and Liverpool. I know Steven likes Gary and I am a huge fan of Take That so that was nice to hear I can't believe the Italian TV presenter (shown left) who gabbed David Beckham's crush like that. How could I know it was meant to be a joke, but what if it had been the other way round?

It was all about red carpet events last week and I loved it. I was supposed to have attended the National Television Awards with the OK! team, but I wasn't able to make it. But the night looked a lot of fun and my mate Steve Murphy went and said he had a great time. The Golden Globes looked good, and Joan Rivers was hilarious on a show on it called Fashion Police. She is just so funny, and says some outrageous things. She looks amazing for her age - she's 76, after all! But then who wouldn't really if they had as much as work as she has!



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Can't live without...



1) I went to a great kids' shop called the Kongaroo in Farnley the other day where I bought some lovely bits for the girls.

2) I'm just loving the new Stella McCartney Parfums, called Stellaouda. It's so light to wear and the fragrance is fantastic!

Get that look!

Singer Pixie Lott looked amazing at the BRITs launch party in this black dress and heels combo. Copy her look with these stylish additions...



TOPSHOP, £38

ACCESSORIES, £10

NEW LOOK, £30

ROBINAHAMMED TRINGO, £10

Tip of the week

It's red carpet season so, to make sure you have healthy and not aching, here are my top tips!

- 1) Depending on the length of your hair, I'd say wear it up in a messy chignon - both Cheryl Cole and Anouk Niemeke Holland's hair looked amazing at the NMEs.
- 2) Wear a dress that is sophisticated and timeless - there is nothing worse than wearing something 'out-there' that you'll regret in years to come.
- 3) Don't forget the make-up!



Red carpet winners & losers!

I loved the long nude Roberto Cavalli dress that George Clooney's girlfriend Elizabeth Banks wore to the Golden Globes. My least favourite red carpet outfit was Mariah Carey's frock - she was showing off way too much boob!